

## Trailways

Dorset is criss-crossed with routes which can take you exploring throughout the county. Here are a few suggestions. The national cycle network routes also run through Dorset. See [www.sustrans.org.uk](http://www.sustrans.org.uk) for details.

### Castleman Trailway

The Castleman Trailway is one of Dorset's gentlest way-marked, walking, cycling and horse riding routes. This 16.5 mile (26.5 km) trailway follows much of the old Southampton to Dorchester railway line. The trailway takes you through some of East Dorset's stunning landscape whilst also connecting a string of settlements between Ringwood and Poole. [www.dorsetcouncil.gov.uk/castleman-trailway](http://www.dorsetcouncil.gov.uk/castleman-trailway)

### Purbeck Cycle Ride

A 47 mile (75.6 km) long distance route for the dedicated cyclist, taking in stunning coastal views, beautiful rural landscapes and interesting historic landmarks. [www.dorsetcouncil.gov.uk/purbeck-cycle-ride](http://www.dorsetcouncil.gov.uk/purbeck-cycle-ride)

### North Dorset Trailway

The North Dorset Trailway extends approximately 14 miles (22.5 km) from Sturminster Newton to Spetisbury. The Trailway is largely made up of sections of the old Somerset and Dorset Railway which linked Bristol and Bournemouth until the 1960s. It provides a link to many rural roads, which allow you to cycle for miles, mostly traffic free, whilst you enjoy the Dorset countryside. [www.northdorsettrailway.org.uk](http://www.northdorsettrailway.org.uk)

### Wessex Ridgeway

The cycling section of the ridgeway starts at Tollard Royal, taking you across chalk downs, over hills and over chalk streams. It runs through many attractive villages and on to the stunning views of the Blackmore and Marshwood Vales, before heading down through rolling farmland to finish in the seaside town of Lyme Regis. [www.dorsetcouncil.gov.uk/wessex-ridgeway](http://www.dorsetcouncil.gov.uk/wessex-ridgeway)

# Bike Trails Dorset



## A guide to official bike parks and trailways



There are no official trails on our heaths or forests outside of designated parks or trailways. Any trails you might come across are unregulated and could be dangerous.

## Bike Parks in Dorset

### Okeford Hill Bike Park

Situated deep in the heart of Dorset, Okeford Hill Bike Park has over 400 feet of alpine style downhill trails. The site is aimed at intermediate to experienced off-road enthusiasts. It's serviced with an uplift provided by open top Land Rovers towing bicycle trailers that allows for approximately 20 runs a day. Okeford Hill is run and maintained by an enthusiastic group of riders making it an informal and relaxed venue with a good variety of challenging downhill trails. [www.okefordhillbikepark.com](http://www.okefordhillbikepark.com)

### Watchmoor Bike Park

Within Moors Valley Country Park, Watchmoor is free to ride and has been designed in conjunction with local riders, Forestry England and Ontrack. The site features a progressive tabletop jump line, a blue flow trail and a red downhill line with some more technical features, plus a green-graded area for riders of all abilities to practise their skills. [www.moors-valley.co.uk](http://www.moors-valley.co.uk) (see cycle trails map).

## Slightly further afield

### BikePark Wales

A home for mountain bikers from novice to professional, BikePark Wales has the UK's most diverse selection of all-weather mountain bike trails. With a vehicular uplift service to transport you to the top of the trails, bike and equipment hire, coaching, guiding and an on site café, there's everything you need for a day on the mountain. [www.bikeparkwales.com](http://www.bikeparkwales.com)

### Rogate B1kePark, Hants

Rogate Downhill offers an extensive variety of trails packed into a relatively small area. Its steep technical downhills or fast and flowing jump lines, actively encourage progression. Its sandy slopes have become a favourite spot for mountain bikers of all capabilities. Traditionally a tale of two halves, the upper site offers steep and techy trail, with the lower site and its lessor gradient offering up jumps and drops. [www.b1ke.com](http://www.b1ke.com)

### Southampton Bike Park, Hants

Part of the Outdoor Sports Centre, Southampton, it's free to ride and for all ages and abilities. [www.southamptonbikepark.com](http://www.southamptonbikepark.com)

### Wind Hill B1kePark, Wiltshire

Set within broad-leaf woodland on the Longleat Estate, Wind Hill B1KE Park has become popular with the mountain biking community. The park's diverse trails cater to every taste and skill set. [www.b1ke.com](http://www.b1ke.com)

### Tidworth B1kePark, Wiltshire

With 8 carefully graded trails, Tidworth provides a pathway for riders to build confidence and master their abilities. The park is home to jumps, drops, berms and step-downs designed to suit every skill level. A dedicated skills area and dirt jump zone further expand the opportunities for progression, featuring tabletops and doubles of all sizes. [www.b1ke.com](http://www.b1ke.com)

